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SHELTON, CT – Shared Support – Residents from Crosby Commons Gift Blankets to Adam’s House.

Residents from Crosby Commons took a field trip to Adam’s House in Shelton last week. In addition to being a great excuse for a road trip on a sunny afternoon, the residents were on a mission to deliver handmade fleece blankets for the organization’s upcoming Grief Support Program.

“Adam’s House is an amazing organization, right in our backyard,” said Lisa Bisson, Director of Community Outreach for Wesley Village and a member of the Board of Directors for Adam’s House. “I really wanted to find a way for our residents to do something meaningful to support their program and the blankets were just a perfect project.”

The mission of Adam’s House is to provide free grief education and peer support in a comforting environment, empowering families and children to navigate their grief journey with strength and resilience as they rebuild their lives. Since 2016, Adam’s House has helped more than 350 families find hope and healing as they navigate grief.

During the pandemic, the residents of Crosby Commons wanted to do something to support other local organizations, so the Crosby Cares Committee was started to identify and collaborate on these projects, said Lauren Donovan, activities director at Crosby Commons. Over the years we have packed snacks for teachers at neighboring Long Hill Elementary School during the first week of school, donated books to a local lending library and put together care packages for Bridgeport Area Mission.

“Seniors need purpose in their lives and doing something to support organizations like Adam’s House is something they can do independently,” said Donovan. A total of 6 handmade blankets were donated by the Crosby Cares Committee to Adam’s House.

The residents visited Adam’s House to put the finishing touches on the blankets while Allison Wysota, founder of Adam’s House, shared the story behind the mission and the services the organization provides to families.

“We were so happy to have help from the energetic residents of Crosby Commons today,” Wysota commented. “As a non-profit organization, we are always grateful to the volunteers, friends and donors who help us in supporting grieving children and families throughout Connecticut and beyond.”

About Wesley Village: Wesley Village senior living campus is located at 580 Long Hill Avenue in Shelton and is part of United Methodist Homes, a local not-for-profit organization. The Wesley Village campus offers independent and assisted living, enhanced assisted living, early memory support, skilled nursing, and short-term rehab. To learn more about Crosby Commons, Wesley Heights, Lifestyle Transitions, or Bishop Wicke Health Center, **visit [our website](http://www.umh.org)** or contact us at 203.225.5024. To become part of the Wesley Village team, **visit [our website](http://www.umh.org)** at: <https://www.umh.org/career-opportunities-at-umh>.

About Adam's House:

Adam's House is dedicated to providing grief education and peer support in a nurturing, home-like environment. Situated in the heart of Shelton, CT, our carefully restored space serves as a sanctuary for families embarking on their 8-week grief journey. Within Adam's House, children and their families find solace and strength as they connect with peers and learn effective strategies for navigating loss. We offer support to adults, as well as, children grappling with various types of loss, whether it be the passing of a parent, grandparent, sibling, aunt/uncle, or friend. Most of our programs are provided free of charge to participating families. Our ultimate mission is to empower program participants to confront their grief, improve resilience and embrace life to its fullest potential. For more information, contact Noelle Debes, Director of Communications, noelle@adamshousect.org